

# *COPING WHEN A PARENT HAS A CHRONIC ILLNESS*

## **A SUPPORT GROUP FOR TEENS:**



The teenage years present many challenges. Those challenges become even more difficult when a teenager also needs to cope with having a parent who is chronically ill. This monthly workshop will provide a safe and confidential environment for teenagers to talk with one another in a setting facilitated by Rabbi Hesch Sommer.

The monthly sessions will be hosted by Congregation Kol Ami (1484 Highland Ave., Cheshire) and Temple Beth David (3 Main Street, Cheshire). The first session will meet at Congregation Kol Ami on Monday, October 24th (7:00-8:30pm).

**WHEN: MONTHLY**  
**WHERE: Congregation Kol Ami AND Temple Beth David**  
**TIME: 7:00 p.m. - 8:30 p.m.**



Please contact Rabbi Andy Hechtman (203-272-1006), Rabbi Josh Whinston (203-272-0037) or Rabbi Hesch Sommer (203-389-5599, ext 117).



Jewish Family Service of New Haven, Inc., 1440 Whalley Avenue,  
New Haven, CT 06515 [www.jfsnh.org](http://www.jfsnh.org) 203 389-5599

